

Practice Profile 2011

Evidence of infrastructure and training capacity

Practice name	Arkaba Medical Centre
ABN	30 146 393 123
Address	View Google map
Phone number	08 8373 0888
Fax number	08 8373 2092
Web address	n/a
Principal contact name	Dr Catriona Angas, Dr Philip Crowley (Directors, Primary Supervisors) Kim Monu (Practice Manager)
ASGC-RA classification*	RA 1
Outer metropolitan	No
RACGP teaching site	No
ACRRM teaching site	No
RACGP accredited	Yes
ACRRM accredited	No
AGPAL accredited (or equivalent)	Yes (GPA Accredited)
Public liability insurance	Yes Name of insurer: QBE Insurance Date of renewal: valid until 6/3/2012

Location

Description of practice location	AMC is situated just south of Adelaide's city fringe, just outside the parklands. The practice has a prominent position on the corner of Fullarton Road and Glen Osmond Road, Parkside, making it convenient to clients from the Adelaide Hills and foothills as well as city dwellers, in addition to the local community and workplaces.
Health and medical information about the region	The inner southern suburbs of Adelaide have an interesting mix of patients, varying greatly in age, family structure, and socio-economic status. Owing to the practice's convenient location, specialists and other medical services are all within close proximity. Healthscope Pathology is located within AMC. Sound Diagnostics Radiology is located just across the carpark, providing excellent radiology services to our patients. There are 4 local pharmacies servicing the practice, for the convenience of patients and practitioners alike. Highly regarded physiotherapy and podiatry services are located two doors down from the practice. A dietitian, psychologist and a gastroenterologist also consult on a sessional basis.
Practice type and size	AMC is proudly independent and privately owned by 6 directors, all of whom work within the practice. Currently 25 doctors consult at AMC, including a number of part-time doctors. AMC has 11 consulting rooms, and 2 fully-equipped treatment rooms. A team of 3 practice nurses support the practitioners with general nursing services, chronic disease management and patient education. Our practice is fully computerised, and accredited with GPA against the 3 rd Edition Standards (Sept 2009). Our team of 15 administration staff provide professional support to our practitioners and nursing team.

Clinic Services

Clinic hours	Monday – Thursday 7.30am – 8.00pm
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Practice Profile 2011

Friday 7.30am – 6.00pm
 Saturday / Sunday / Public Holidays 9.00am – 1.00pm
 There is a requirement of our registrars to participate in the practice's after hours roster (Sat/Sun/Pub Hol) and to relieve the evening shift (6pm-8pm) when requested.

Are home visits provided?	Yes. Home visits are provided only for regular patients of the practice whose immediate medical condition required attention and prevents their attendance at the surgery. Home visits are provided at the discretion of the treating doctor, at all times ensuring that the environment will be a safe and secure one for our doctors.
Is an after-hours/weekend service provided?	Yes, please refer to the above regarding the
If no, is a locum service provided?	Yes. Outside of the clinic's opening hours above, GP Solutions locum service attends to the medical care of our patients through a telephone diversion answering service. Refer to the above information with regards to requirements of the registrar for after hours consulting.
Is hospital in-patient care provided?	Rarely – only provided for regular patients of the practice, by arrangement with, and at the discretion of, the patient's regular doctor.
Are nursing home visits provided?	Yes. A few doctors have a regular patient list at some of our local nursing homes. It is expected that our registrars participate in the care of these patients by attending nursing home sessions with the regular doctors and potentially cover visiting rounds should regular doctors be on holidays.
What access to specialists and other health professionals is available?	Having been a part of the community for 20 years, AMC is well served by many specialists and other health professionals. Our doctors are completely autonomous in their decision making with regards to patient referral, and our location ensures that a high number of specialists and other health providers are in close proximity. The Royal Adelaide Hospital, Wakefield Hospital, St Andrews Hospital, Ashford Hospital and Burnside Hospital are each only a short distance away.

Aspects of medicine in your practice that will be a feature of registrar training	Owing to the size of the practice and the number of practitioners consulting at AMC, we are delighted to offer our registrars the benefit of a vast variety of training experiences and also knowledge and skills of our GPs. We see a range of patients with needs ranging from acute care to chronic long-term needs, with each day providing a new learning experience. We accommodate minor casualties as the need arises, with suturing and minor surgical procedures occurring regularly. We have on-site ECG and spirometry with results available immediately in Medical Director 3. We also conduct point of care INR testing, for the convenience of our patients and GPs. Several of our GPs are involved in Obstetric Shared Care, and others have special interest areas. Our team of practitioners and staff enjoy a professional practice environment, and provide excellent support for one another, ensuring that the practice runs smoothly and efficiently.
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Details of practice support

On-site and after-hours supervision to meet professional standards	AMC generally has 10-11 practitioners consulting at any one time, and this will usually include at least one of our 4 accredited supervisors. In addition to this, other practitioners are often willing to provide support and training in their area of interest, or as the need arises. They also welcome registrars to observe their consulting sessions if they wish. There are also a number of specialists with whom we enjoy close working relationship, and we are happy to assist our registrars in organising additional training sessions with them. After hours – generally our registrars are rostered after hours sessions at times of multiple doctors consulting. Outside of these, a nominated supervisor will be contactable.
Provision is made for registrars to attend education activities	Yes. Where possible, external educational activities are considered prior to implementing the ongoing consulting roster. Where this is not able to

Practice Profile 2011

	be done, the consulting session can be altered once external commitments are known.
Access to clinical resources/reference materials	<p>Yes. A large offering of reference books is kept on site, in addition to common access computerised resources, available at all workstations. The practice uses Medical Director 3 for clinical records, and this also includes a resource component.</p> <p>The common access computer resource folder includes downloaded PDF clinical information booklets, shortcuts to recommended clinical information websites, Medicare/DVA/WorkCover/MVA fee information. Furthermore, online paid subscriptions currently include Therapeutic Guidelines, Australian Medicines Handbook and MASTA (Travel Immunisation and Vaccination Advice).</p>
Adequate consulting space, IT facilities and equipment for registrar	<p>All 11 consulting rooms offer very similar facilities. All doctors are required to provide their own personal medical equipment, and generally each consulting room, or the treatment room, will stock other items that may be required.</p> <p>IT facilities – AMC is fully computerised, with all medical records stored in MD3. Incoming pathology and radiology results, and selected specialist correspondence are received electronically. Paper correspondence is scanned into MD3. Each consulting room workstation has it's own multi-tray laser printer, and accesses email, internet and Medical Director 3 via the practice's server and network.</p>
Appropriate space available for teaching purposes	Teaching for our registrars generally occurs within a consulting room.

Expectations of registrar workload

Workload of registrar monitored and managed to ensure a balanced patient base	Standard appointments for GPs at AMC are 15 minutes / 4 per hour. Our registrars generally begin with 2 patients per hour and increase by agreement between the registrar and supervisor as appropriate, with the aim being 3-4 per hour.
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Facilities offered by practice

Fully computerised practice	Supportive practice environment
On-site pathology (Healthscope)	Excellent team of RNs – general nursing, chronic disease management assistance, health assessments
Radiology located within same complex	Well equipped treatment rooms – minor procedures, ECG, spirometry, POC INR testing

Technical information

Name of principal supervisor/trainer	Dr Catriona Angas
Qualifications	MBBS (Adel) 1983, Dip RANZCOG
Full and unrestricted registration with the Medical Board of Australia	Yes
FRACGP member	No
RACGP member	Yes
FACRRM member	No
ACRRM member	No
Vocational registration status	Accredited
Experience, including number of full time years in general practice	<p>Director of AMC</p> <p>Clinical Lecturer with University of Adelaide</p> <p>Level 1 Mental Health Training</p> <p>Accredited AnteNatal Shared Care Provider</p> <p>Implanon NXT accredited</p>

Practice Profile 2011

Special interest in Women's Health, Respiratory Medicine, Paediatrics, General Medicine.

Dr Angas joined Allcare Parkside/Fullarton Family Practice in 1989 as a director, and has consulted at the practice since that time. The practice amalgamated with Glenunga Clinic in 2004 to become Arkaba Medical Centre.

General practice experience: 2yrs FT + 22yrs 0.6FTE.

CPD status achieved 2008 - 2010	Yes
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Professional medical indemnity insurance	Yes Name of insurer: MIGA Date of renewal: until 30/6/12
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Practice profile - date of review

Other supervisors

Name of principal supervisor/trainer	Dr Philip Crowley
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Qualifications	MBBS (Adel) 1986, FRACGP (1994)
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Full and unrestricted registration with the Medical Board of Australia	Yes
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FRACGP member	Yes
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RACGP member	Yes
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FACRRM member	No
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ACRRM member	No
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Vocational registration status	Accredited
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Experience, including number of full time years in general practice	<p>Director of AMC Previous extensive experience in orthopaedic surgery assistance. Special interest in skin cancers, high cholesterol. Level 1 Mental Health Training. Dr Crowley joined Glenunga Clinic in 1992 as a partner, and has consulted at the practice since, right through its amalgamation with Fullarton Family Practice in 2004 to become Arkaba Medical Centre. General practice experience: 20yrs FT + 3yrs PT</p>
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CPD status achieved 2008 - 2010	Yes
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Professional medical indemnity insurance	Yes Name of insurer: MIGA Date of renewal: valid until 30/6/12/
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Practice profile - date of review

Other supervisors

Name of principal supervisor/trainer	Dr Virginia Hillier
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Qualifications	MBBS (Adel) 1970
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Full and unrestricted registration with the Medical Board of Australia	Yes
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FRACGP member	No
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RACGP member	Yes
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FACRRM member	No
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ACRRM member	No
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Vocational registration status	Accredited
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Experience, including number of full time years in general practice	<p>Director of AMC Level 1 Mental Health Training Accredited AnteNatal Shared Care Provider Implanon NXT accredited Special interests include Women's Health, Diabetes, Nutrition & Lifestyle issues.</p>
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Practice Profile 2011

General Practice experience: 25yrs FT + 14yrs PT

CPD status achieved 2008 - 2010	Yes
Professional medical indemnity insurance	Yes Name of insurer: MIGA Date of renewal: valid until 30/6/12
Practice profile - date of review	
Other supervisors	
Name of principal supervisor/trainer	Dr J Lisa Colls
Qualifications	MBBS (Adel) 1971
Full and unrestricted registration with the Medical Board of Australia	Yes
FRACGP member	No
RACGP member	No
FACRRM member	No
ACRRM member	No
Vocational registration status	Accredited
Experience, including number of full time years in general practice	Director of AMC Level 1 Mental Health Training Implanon NXT accredited Special interest areas include Women's Health, minor surgery, general medicine. General Practice experience: 37yrs FT
CPD status achieved 2008 - 2010	Yes
Professional medical indemnity insurance	Yes Name of insurer: MIGA Date of renewal: valid until 30/6/12
Practice profile - date of review	