



August 2, 2011

## Next Program

### Best Practice: Depression in Adolescents and Young Adults

Satellite Broadcast - repeat broadcast

Tuesday 9th August

Friday 12th August

8.00pm - NSW, ACT, VIC, QLD & TAS

12.30pm - NSW, ACT, VIC, QLD & TAS

7.30pm - SA & NT

12.00pm - SA & NT

6.00pm & 8.00pm WA

10.30am - WA

Health professionals and the general public have become increasingly aware of the incidence of depression in young people. However, there are still barriers to the availability and delivery of care for adolescents and young adults with depression, anxiety and related disorders. The National Survey of Mental Health and Wellbeing reports that even when young people with depression are identified, most receive no treatment.

This program discusses latest evidence and key considerations for rural practitioners when diagnosing and managing depression in adolescents and young adults, as well as identifying key resources available and exploring the experience of consumers affected by depression. The draft *Clinical Practice Guidelines: Depression in Adolescents and Young Adults*, funded and developed by *beyondblue*, is referred to during the discussion.

**Panel participants:** Chair: **Dr Norman Swan** - Presenter of the Health Report on ABC Radio National and Tonic on ABC24 TV; **Dr Chris Davey** - Consultant Psychiatrist, Orygen Youth Health, Parkville VIC; **Dr Brian Graetz** - Psychologist & Program Director, *beyondblue* VIC; **Mr Jeremy Mann** - Youth*beyondblue* ambassador, Jerrabomberra NSW; **Dr Ayman Shenouda** - General Practitioner, Wagga Wagga, NSW; and **Dr Ross Wilson** - General Practitioner, Bathurst, NSW.

This program was originally broadcast on 24th August 2010.



[Best Practice: Depression in Adolescents and Young Adults](#) has been funded and produced in collaboration with *beyondblue* - the national depression initiative.

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